

SHORE ENDODONTICS

459 Lakehurst Rd, Toms River, NJ 08755

2130 Hwy 35N, Unit 126A, Sea Girt, NJ 08750

Post Instructions for Root Canal Therapy & Retreatments

It is possible that your tooth will be sore for a day or two. This is due to the previous condition of your tooth and manipulation within the root canal during treatment. There is no cause for alarm since this is a perfectly normal reaction. While the tooth is tender, avoid chewing in this area. Rinsing the area with ½ teaspoon of table salt in 8 oz. of comfortably hot water will usually be helpful.

To keep the inflammation under control and take away any discomfort, you can take 3 (200mgs) Ibuprofen (Nuprin, Advil, Motrin) tablets every 4 hours today and 3 ibuprofen tablets every 6 hours tomorrow ***if needed***. For those patients allergic to ibuprofen, 2 (500mg) tablets acetaminophen (Tylenol) (total of 1000mgs) may be substituted. In some cases, a prescription pain medication and/or an antibiotic may be indicated. If given, please follow the instructions on the label.

Discomfort following visits in no way affects the successful outcome of treatment. You may notice a medicinal taste between appointments. This is due to the penetrating quality of the medication and is not harmful. It is normal for a thin layer of temporary filling material to be chewed away. Should all the temporary filling come out (or if you are in doubt), call our office.

If you have any questions concerning your treatment, or should you experience swelling or have discomfort more than can be controlled as stated above, please do not hesitate to call our office.

Please schedule an appointment with your dentist within 30 days of completion.

It is imperative that a permanent restoration be done to protect your tooth against fracture and decay.

A copy of this notice is automatically sent to your referring dentist, so that the office knows that this tooth is ready to be permanently restored.